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Sofia And The Purple Dress / Sofia Y El Vestido Morado



Synopsis

Sofia loves her older cousin, Rosario, and she's always excited to receive her hand-me-down clothes. This time, the box of clothes comes with a pink envelope: an invitation to Rosario's quinceanera. And as she digs through the box of clothes, a beautiful purple dress catches her eye. It will be perfect for the quince! But when Sofia tries on the dress, her younger sister Mari giggles and tells her she looks like a purple sausage. Sofia and her mom make a pact to change their habits; they agree to help each other eat healthier and get more exercise. The next morning, the girls are surprised when their mother says they're going to walk to school instead of driving. And after walking home in the hot afternoon sun, they drink water instead of soft drinks. At the grocery store, they fill their cart with healthy snacks like bananas, oranges, papayas and guavas. At the quinceanera, Sofia has never seen Rosario look more beautiful ... and Sofia looks fabulous in her cousin's purple dress! In this bilingual picture book for children ages 6-9, kids will cheer as Sofia and her family meet their goals after adopting healthy eating and exercise habits.

Book Information

Hardcover: 32 pages

Publisher: Pinata Books; Bilingual edition (May 31, 2012)

Language: English

ISBN-10: 155885701X

ISBN-13: 978-1558857018

Product Dimensions: 0.5 x 9 x 11.5 inches

Shipping Weight: 12.8 ounces (View shipping rates and policies)

Average Customer Review: 2.8 out of 5 stars 2 customer reviews

Best Sellers Rank: #1,269,875 in Books (See Top 100 in Books) #35 in [Books > Children's Books > Growing Up & Facts of Life > Health > Weight](#) #860 in [Books > Children's Books > Geography & Cultures > Multicultural Stories > Hispanic & Latino](#) #2011 in [Books > Children's Books > Education & Reference > Foreign Language Learning > Spanish](#)

Age Range: 5 - 8 years

Grade Level: Kindergarten - 3

Customer Reviews

"A quinceanera and a special purple dress serve as an inspiration for a little girl to change her lifestyle with exercise and healthier foods. A combination of collage, acrylic and crayon delineate a richly bronze-toned and dark-haired Latino family in daily life, all shopping, playing and working

together to reach a goal." --KIRKUS Review

Sofia loves her older cousin, Rosario, and she's always excited to receive her hand-me-down clothes. This time, the box of clothes comes with an invitation to Rosario's quinceanera. And as she digs through the box of clothes, a beautiful purple dress catches her eye. It will be perfect for the quince! But when Sofia tries on the dress, her younger sister Mari giggles and tells her she looks like a purple sausage. Sofia and her mom make a pact to change their habits; they agree to help each other eat healthier and get more exercise. The next morning, the girls are surprised when their mother says they're going to walk to school instead of driving. And after walking home in the hot afternoon sun, they drink water instead of soft drinks. At the grocery store, they fill their cart with healthy snacks like bananas, oranges, papayas and guavas. At the quinceanera, Sofia has never seen Rosario look more beautiful and Sofia looks fabulous in her cousin's purple dress! In this bilingual picture book for children ages 6-9, kids will cheer as Sofia and her family meet their goals after adopting healthy eating and exercise habits.

This is an awful book. This whole point of this book is to get skinnier to fit in a quince dress?!?! I agree with healthy eating habits and exercise, but why use that as the purpose to lose weight to fit in a dress.

Este libro ha permanecido entre los favoritos de mis hijas de 3 y 8 años por meses, Sofia y su familia se preparan para la fiesta de 15 de una prima, pero Sofia no cabe en el vestido que desea usar, el libro introduce la idea del ejercicio diario y una alimentación saludable de manera fantástica, sin sentirse forzado. Mis hijas ahora caminan felices de la escuela a la casa, tal como Sofia. Excelente para familias bilingües.

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